



FOOD

SFIZI

Small Bites & Starters

FRITTELLE D'ALGHE

70

Fried Seaweed Flavored Dough Spheres Served with Wasabi Mayonnaise

PIZZA FRITTA SNACKS

80

Fried Dough Pocket Filled with Ricotta Cheese, Napoli Salami, and Fiordilatte Cheese

TUNA & AVOCADO TARTARE **V**

100

Vegan Tuna Tartare made of Compressed Watermelon Sous Vide and Avocado

LA SOFISTICATA

120

Fried Dough, Ricotta Cheese, Anchovies, Confit Cherry Tomatoes, Lemon Zest, Crispy Zucchini Flower

ROASTED TOMATO TARTARE

125

An Array of Roasted Tomato Tartare, Stracciatella Mousse, Basil EVOO

BEEF TARTAR

150

Angus Tenderloin Fillet, Maldon Salt, Mustard, Capers, Anchovies, Shallots, Preserved Egg Yolk, Parsley

PASTAS

PENNETTE 80'S	135
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Penne Lisce Pasta, Three-Tomato Coulis, Cream, Basil

GNOCCHETTI GRICIA	145
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Creamy Handmade Small Gnocchi, Crispy Pork Cheek, Pecorino Romano Cheese, Cracked Black Pepper

CHITARRA SPAGHETTI BUTTER, ANCHOVIES & MUDDICA	160
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Handmade Traditional Abruzzo Pasta with Decadent Butter & Anchovy Sauce, AOP Base with Mixed Herb Flavoured Crumbs

RISONI, SNAPPER, TOMATO CONCASSÉ, LIMONE	165
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Risoni Pasta, Poached Snapper, Fresh Tomatoes, Lemon

TAGLIATELLE WAGYU BEEF BOLOGNESE	175
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Handmade Egg Tagliatelle with a Rich Wagyu Beef Bolognese Ragù

PLIN RAVIOLI, BRASATO, BUTTER, SAGE, TRUFFLE V	175
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Handmade Egg Tagliatelle with a Rich Wagyu Beef Bolognese Ragù

MAINS

CHICKEN TENDERLOIN SCALOPPINE AL MARSALA	160
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Tender Chicken Fillet Scaloppine in a Rich Marsala Wine Sauce

POLPETTE DELLA NONNA V	160
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Vegan Meatballs, Grandma's Recipe, in a Rich Tomato Sauce, Served with Freshly Baked Bread

SNAPPER ACQUAPAZZA	180
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Oven Baked Snapper Fillet with an Array of Vegetables and White Wine Sauce

COSTOLETTA ALLA MILANESE	220
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Crispy Pork Chop Milanese Style Cutlet, Traditional Bone In, Fried in Clarified Butter

WAGYU BEEF TAGLIATA (200GR)	290
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Wagyu Beef Grilled to Perfection, Tagliata Style

SIDES

HOMEMADE CRISPS

55

Ultra Fine and Crunchy Crisps Fried to Order

ROASTED BABY VEGETABLES

60

Garlic, Olive Oil, and Mixed Herb Roasted Baby Vegetables

SAUTÉED SPINACH, BUTTER & PARMESAN

60

Creamy Buttered Spinach with Parmesan

SENSATIONAL MASHED POTATOES

80

Extremely Addictive & Decadent Mashed Potatoes
(May Cause Severe Addiction)

SALADS

PEAR & WALNUT SALAD

90

Tender Baby Spinach Leaves, Confit Pear, Toasted Walnuts, Gorgonzola Cheese

SMOKED SALMON, ROBIOLA CHEESE, AVOCADO, ALMONDS

110

Mixed Baby Green Leaves, Smoked Salmon, Confit Shallot Flavoured Robiola Cheese, Avocado Mayo, Cherry Tomatoes, Almonds

CARNE SALADA, RASPBERRY, POPPY SEEDS, LIME AND HONEY

120

Marinated Beef Carpaccio, Tender Leaves, Poppy Seeds, Lime and Honey Flavoured Citronette

FIT SALAD - MACROS MATTER

PEAR & WALNUT SALAD

100

Tender Baby Spinach Leaves, Confit Pear, Toasted Walnut, Quinoa, Grilled Chicken

Protein 46g. Fat 21g. Carbs 44g. Kcal 520

SMOKED SALMON, COTTAGE CHEESE, AVOCADO, ALMOND

125

Mixed Green Baby Leave, Smoked Salmon, Confit Shallot Flavoured Robiola Cheese, Avocado Mayo, Cherry Tomatoes, Almond

Protein 39g. Fat 33g. Carbs 7g. Kcal 491

CARNE SALADA, RASPERBERRY, POPPY SEEDS, LIME AND HONEY

135

Marinated Beef Carpaccio, Tender Leaves, Poppy Seeds, Lime and Honey Flavoured Citronette

Protein 31g. Fat 6g. Carbs 24g. Kcal 270

ADD ON:

EGG WHITE SCRAMBLE

30

GRILLED TOFU

40

GRILLED CHICKEN BREAST

45

SMOKED SALMON

60

MARINATED BEEF

70

GOURMET PIZZAS

MARGHERITA

90

Mozzarella, Tomato sauce, Fresh Basil

RIVIERA DI CHIAIA

110

Yellow Cherry Tomato Cream, Fresh Shredded Fiordilatte, Cracked White Pepper, 36-Month Parmigiano Reggiano Chips, Curly Basil, EVOO

DIAVOLA

130

Mozzarella, Tomato Sauce, Spicy Pork, Salami, Chopped Fresh Chilli, Dried Oregano

LA PARMIGIANA

135

San Marzano PDO Tomato Fillets, Fiordilatte, Roasted Eggplant, 36-Month Parmigiano Reggiano, Curly Basil, EVOO

GRICIA

150

Yellow Cherry Tomato Cream, Cured Pork Cheek, Pecorino Romano Cheese, Baby Spinach Leaves

LA CAPRICCIOSA

160

San Marzano PDO Tomato Fillets, Fiordilatte, Roasted Ham, Confit Artichokes, Sautéed Mushrooms, Black Olives, EVOO

CETARA

165

Fiordilatte, Zucchini Cream, Crystallized Zucchini Flowers, Cetara Anchovies & Colatura, Flavoured Breadcrumbs

INCARNE

170

Goat Milk Cream, Marinated Beef Carpaccio, Smoked Fiordilatte Cheese, Sweet & Sour Tropea Red Onions

BALIK

180

Yellow Cherry Tomato Cream, Smoked Salmon, Shallot-Flavoured Robiola Cream Cheese, Lemon Zest, Spring Onions

PANE ARABO

190

Fiordilatte, Mozzarella, Vine Tomatoes, Rocket Leaves, Parma Ham, EVOO

DOLCI

GELATO

40

Lemon, Strawberry, Vanilla, Chocolate, Fiordilatte

VOLEVO ESSERE UNA MOZZARELLA

70

Fiordilatte Ice Cream, EVOO, Mint Chiffonade, Lime Zest

TIRAMISÙ AL CUCCHIAIO

75

Extra Creamy and Runny, Made to Order Tiramisù

CREMA CATALANA

75

Cinnamon Flavoured Egg Custard with a Brittle Layer of Caramelized Sugar

CANNOLO SICILIANO V

75

Crispy Cannoli Shell Sicilia Style, with Vegan Ricotta Cheese, Candied Orange Zest, Pistachio Crumble

LEMON SGROPPINO MADE TABLESIDE

Traditional with Prosecco

100

Modern with Vodka

120

With Grey Goose Vodka

150